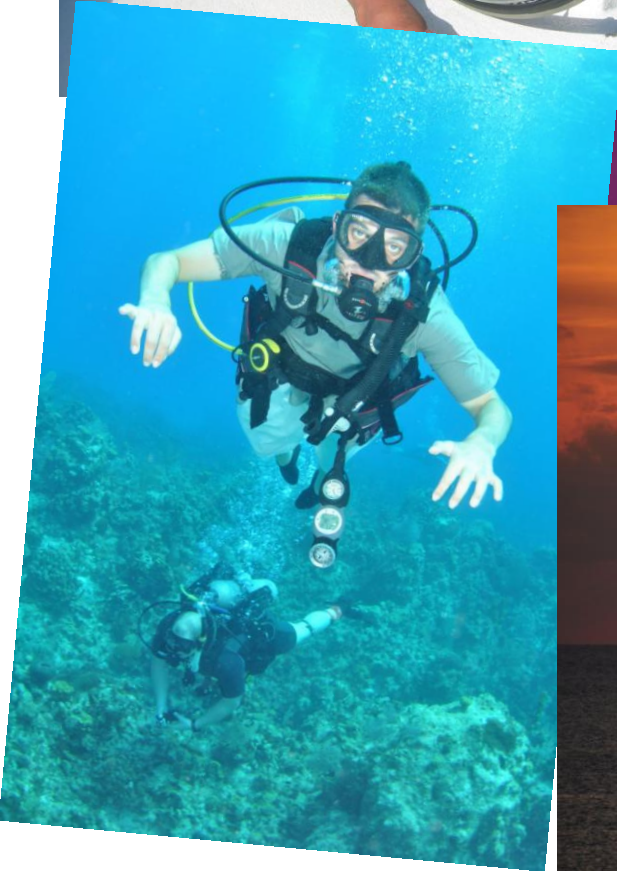


# THE FREEDOM OF SCUBA

Cody Unser, BA  
Adam Kaplin MD, PhD  
Daniel Becker MD



# DISCLOSURE

- **Cody Unser**

- Founder of the Cody Unser First Step Foundation

# What is SCUBA DIVING and Why Do People Do It?



**“From birth, man carries the weight of gravity on his shoulders. He is bolted to earth. But man has only to sink beneath the surface and he is free.”**



# *CODY'S GREAT* **SCUBA**

# *ADVENTURES*

*CODY UNSER FIRST STEP FOUNDATION*





## **What We Do:**

### **Discover SCUBA Event:**

- Offer Scuba Experience**
- Awareness Activity of Quality of Life**
- Integrates participant with Family**

### **Destination SCUBA Adventures:**

- Week long Journey=Ultimate goal Scuba Certification**
- Atmosphere creates own Benefit=Relevance to SCI**
- "Just Get There"**

# Medicine Meets Scuba in the Cayman Islands





Christopher Productions



**NEWMAN'S OWN**<sup>®</sup>  
FOUNDATION



# The Participants and Study Subjects



**Al Kovach, Jr. was a member of the elite U.S. Navy SEALs, when he broke his neck in a parachuting accident while on a combat training mission. He was elected Paralyzed Veterans' National Senior Vice President.**



**Chris Sullivan served as a Sergeant in the 256<sup>th</sup> Infantry Brigade, Louisiana Army National Guard. While on an EOD mission in Iraq, he was shot in the neck by a sniper, leaving him paralyzed - C-7 quad.**



# THE INVESTIGATORS:



**Dr. Adam Kaplin**



**Dr. Daniel Becker**